

Breakfast & Brunch



FOOD ALLERGIES AND INTOLERANCES
Please speak to our staff about the ingredients
before placing your order

Poached Egg Bowls

1 poached egg with half an avocado, rocket and your choice of: smoked salmon, prosciutto or roasted vegetables	£6.50
Add another egg	£2.50

Toasted

Sourdough/Crumpets/Bagels/Bloomer	£3.50
butter/jam/peanut butter/other	
add: avocado/prosciutto/feta	£1.50 each
add: salmon/poached egg/bacon	£2.50 each

**Other – Varieties rotate daily
please see display**

**Freshly baked pastries, cakes, cookies and slices
Yogurt, granola, fresh fruit**

Lunch



Our aim is to give you what you want!

All sandwich and salad options are all build your own

Sandwiches (can be toasted)

Choose your holder, plus any 2 fillings:

Malted grain bloomer	£4.75
Rustic demi baguette	£5.40
Bagel	£4.75
Wrap	£4.50

Additional fillings (each) £0.75

Salad

Choose a box size and tell us what you want

Small	£6.50
Large	£7.85

Ask about our hot lunches of the day!

Picky Things



It's the way we love to eat our food...pick on things
Choose from any of the below – or have the whole lot

Cured Meats £4.00

A selection of excellent quality cured meats

Cheese Selection £4.00

A mix of soft, blue and hard cheese

Houmous £4.00

A trio of tasty, textured houmous

Olives £4.00

An assortment of juicy olives - beware of the seed!

Crackers £4.00

Stone-baked crackers or toasted flatbread

Artichokes and Peppers £4.00

Chargrilled artichokes and picante peppers

Sundried Tomatoes £2.00

Tangy! marinated in herbs and oil

Picky Things All Out £24.00

Full board of all 7 of the Picky Things

Enough for 2 people to pick on

Nibblers £4.80 each

**Baked & salted cashews/pistachio, Chilli rice cakes,
Smoked almonds, Crisps, Olives**

Wine List



All vegan

(B) = Bottle, (S) = Small 175ml, (L) = Large 250ml
125ml available.

	B	S	L
Sparkling			
Prosecco DOC, Spumante, Italy	£36.00	£7.50	
Crémant De Limoux Rosé, France	£50.00		
Taittinger Brut Réserve, Champagne	£80.00		
White			
Vinul Verii, Romania	£24.00		
Pinot Grigio, Italy	£28.00	£6.50	£9.25
Vinho Verde, Portugal	£32.00	£7.25	£10.50
Sauvignon Blanc, New Zealand	£38.00		
Orange & Rose			
Pinot Grigio Rosé, Italy	£25.00	£6.50	£8.95
Palm Par L'Escarelle, Provence, Fr	£39.00		
Skin Contact, Funkstille, Austria	£35.00	£8.00	£11.25
Red			
El Tinto de Lela del Mar, Spain	£24.00		
Pinot Noir, Romania	£28.00	£6.50	£9.20
Rioja, Spain	£32.00	£7.40	£10.50
Organic Malbec, Mendoza, Argentina	£39.00		

**PLEASE ASK THE TEAM FOR OPTIONS ON BEER,
SPIRITS & COCKTAILS & 0%**

Specialty Coffee



All double shots as standard

Decaf also available

Milk: whole, skinny, oat, soya, coconut, almond

Americano/Long Black	£2.90
Espresso	£2.70
Macchiato/Cortado	£2.90
Cappuccino	£3.30
Flat White	£3.30
Latte	£3.30
Mocha	£3.60
Hot Chocolate	£3.40
Iced Coffee – latte, mocha, americano	+£0.35
Affogato – a scoop of vegan vanilla ice cream topped with coffee	£5.10

For a spin on an affogato, swap the shot of coffee for a shot of hot chocolate, chai or even matcha

Vegan Ice Cream

1 scoop	£2.70
2 scoops	£5.00

Well-being Tea



Dozy Girl	£3.00
Herbal lavender, chamomile & rose petals	
MojiTea	£3.00
Green tea with peppermint & lime	
Morning Kick	£3.00
Yerba mate, zingy lemon & ginger	
Peppy Mint	£3.00
Refreshing smooth & calming mint	
Strawberry Lemonade	£3.00
A fruity warmer, real strawberry & lemon pieces	
Earl Grey Creme	£3.00
Earl Grey with a hint of vanilla	
The Digester	£3.20
Oolong & pu'erh mix, ginger, fennel & orange peel	
Great British Cuppa	£3.00
Fresh English Breakfast tea	
Matcha	£3.50
Traditional Japanese powdered green tea	
Turmeric Latte	£3.30
Caffeine-free rooibos tea with turmeric	
Chai	£3.30
Aromatic spiced black tea	

Look out for our seasonal home-made iced teas!

Smoothies



Strawberry Delight	£6.25
Strawberry, peach, papaya	
Super Green	£6.25
Apple, avocado, spinach, spirulina	
Passion Storm	£6.25
Peach, pineapple, passion fruit	
Acai Kick	£6.25
Acai, blueberries, strawberries, mango	
Protein Smoothie	£6.75
Banana, peanut butter, oats, almond milk	
add protein powder	£1.75
Super Smoothie Bowl	£7.95
A thicker smoothie blended with yogurt and garnished with fruit, nuts & seeds	

Catering

Please visit our website: www.bloomsyard.com to see the various options we provide for catering for delivery or collection for your next meeting.

Why not hire our space as your perfect venue?